




OUR JOURNEY TO PASCHA! 2018

Created by Fr. Jonathan Bannon (ACROD)

| SUNDAYS | THEMES/ GOSPEL READING | HOW TO PARTICIPATE: |
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| Fast - Free Week JANUARY 28th |  Publican and the Pharisee Reading: 2 Timothy 3: 10-15 Gospel: Luke 18: 10-14 | Trust in God, not yourself! Ask for His help before every task this week! |
| Normal Fast Week FEBRUARY 4th |  The Prodigal Son Returns! Reading: 1 Corinthians 6: 12-20 Gospel: Luke 15: 11-32 | Schedule a Confession. Use up/freeze meats this week. |
| Meatfare FEBRUARY 11th FAREWELL TO MEAT TODAY |  The Last Judgment Reading: 1 Corinthians 8: 8-9; 2 Gospel: Matthew 25: 31-46 | Pray facing East this week. Christ is returning from the East and we wait for Him! Use up/freeze dairy this week. |
| Cheesefare FEBRUARY 18th FAREWELL TO CHEESE TODAY |  Adam and Eve are cast from Paradise! <i>FORGIVENESS SUNDAY</i> Reading: Romans 13: 11-14:4 Gospel: Matthew 6: 14-21 | Ask each other for forgiveness each evening this week before bed. |
| 1st Sunday of Lent FEBRUARY 25th |  SUNDAY of ORTHODOXY Reading: Hebrews 11: 2.4-26, 32-12:2 Gospel: John 1: 43-51 | Bring an icon to church for a procession. |
| 2nd Sunday of Lent MARCH 4th |  ST GREGORY PALAMAS Reading: Hebrews 1: 10-2:3 Gospel: Mark 2: 1-12 | Bring a prayer rope to be blessed today! Use it and pray the Jesus Prayer each day this week. |
| 3rd Sunday of Lent MARCH 11th |  VENERATION OF THE HOLY CROSS <i>HALF WAY TO PASCHA!</i> Reading: Hebrews 4: 14-5: 6 Gospel: Mark 8:3.4-9: 1 | Wear your cross to church and kiss the cross each morning with a bow! |
| 4th Sunday of Lent MARCH 18th |  ST JOHN of the LADDER Reading: Hebrews: 6: 13-20 Gospel: Mark 9: 17-31 | Every time you climb stairs this week ask St. John to help you reach Paradise with the sign of the cross! |
| 5th Sunday of Lent MARCH 25th |  ST MARY of EGYPT Reading: Hebrews 9: 11-14 & Heb 2: 11-18 Gospel: Mark 10: 32-45 & LK 1:2.4-38 | Ask the Theotokos to offer you and the world pure thoughts and ideas this week. |
| FLOWERY (PALM) SUNDAY! April 1st GREAT WEEK BEGINS |  ENTRY OF OUR LORD INTO JERUSALEM Reading: Philippians 4: 49 Gospel: John 12: 1-18 | Place your palm branches and pussywillows behind an icon at home and in your car! |
| GREAT AND HOLY FRIDAY APRIL 6th |  GREAT AND HOLY FRIDAY <i>JESUS DIES ON THE CROSS</i> CHECK WITH YOUR PARISH FOR ROYAL HOURS AND VESPERS SCHEDULE | Refrain from TV, Internet, & Phones to honor Christ's Death. |
| FEAST OF FEASTS! APRIL 8th NO FASTING! |  HOLY PASCHA! (CHRIST IS RISEN!) Epistle: Acts 1:1-8 Gospel: John 1: 1-17 | Greet everyone with "CHRIST IS RISEN!" & say it before good morning and goodnight! |